SCHOOL MENU

16 – 20 November 2026

DINING MENUS: KG = Kindergarten breakfast, S = morning snack, L reg. = regular lunch, L veg. = vegetarian lunch, AC/S = General afternoon snack, KS = Kindergarten snack

Slovensko na mizi - začnimo z zajtrkom!

MONDAY	KG	Seeded bread*1a,11, cream spread with carrot*7, linden tea, pear
	S	Seeded bread*1a,11, cream spread with carrot*7, linden tea, pear
	L reg.	Prežganka soup*1a,3, beef goulash*1a, polenta / buckwheat porridge, bean & radicchio salad
	L veg.	Prežganka soup*1a,3, vegetarian goulash*1a,6, polenta / buckwheat porridge, bean & radicchio salad
	AC/S	Walnut potica*1a,3,7,8,11, **milk***7
	KS	Walnut potica*1a,3,7,8,11, **milk***7
TUESDAY	KG	**Millet porridge with milk** & prunes*7, mandarin
	S	**Millet porridge with milk** & prunes*7, mandarin
	L reg.	Beef soup*1a,3,7,9, braised beef*1a,10, roast potato / granadirmarš*1a,3, creamy horseradish sauce, bean salad
	L veg.	Bean soup*1a,3,9, vegetable bake*1a,3,6,7, bean salad
	AC/S	Rye bread*1a,b, cheese*7, red radish, khaki
	KS	Rye bread*1a,b, cheese*7, red radish, khaki
WEDNESDAY	KG	Buckwheat bread*1a, ham, sauerkraut, walnut kernels, mountain tea ŠS - Apple
	S	Buckwheat bread*1a, ham, sauerkraut, walnut kernels, mountain tea ŠS - Apple
	L reg.	Vegetarian bean minestrone*1a,3, brown bread*1a, cottage cheese štruklji with toasted breadcrumbs*1a,7,3, fresh fruit
	L veg.	Vegetarian bean minestrone*1a,3, brown bread*1a, cottage cheese štruklji with toasted breadcrumbs*1a,7,3, fresh fruit
	AC/S	**Buhtelj*1a, yoghurt***7
	KS	**Buhtelj*1a, joghurt***7
THURSDAY	KG	Pletenka bread*1a, natural yoghurt*7, khaki
	S	Pletenka bread*1a, natural yoghurt*7, khaki
	L reg.	Ričet (barley stew) with vegetable soup*1c, farmhouse style fish fillet*4, lamb's lettuce & egg salad
	L veg.	Ričet (barley stew) with vegetable soup*1c, farmhouse style fish fillet*4, lamb's lettuce & egg salad
	AC/S	Oat bread*1a,d, cottage cheese spread with pumpkin seeds*7, mandarin
	KS	Oat bread*1a,d, cottage cheese spread with pumpkin seeds*7, mandarin
FRIDAY Traditional Slovene Breakfast	**Breakfast**	**Brown bread***1a, butter*7, **linden honey**, milk*7, apple
	S	Fruit cereal bar*6,1d,12, **orange**
	L reg.	Pečenica / krvavica*1a, sauerkraut turnip stew*1a, matevž*7, homemade compote
	L veg.	Vegetarian pečenica*6,1a,8,9, sauerkraut turnip stew*1a, matevž*7, homemade compote
	AC/S	Dairy croissant*1a,7, pear
	KS	Dairy croissa, pear

ENJOY YOUR MEAL!

* In emergency situations, we reserve the right to change the menu **The menu is designed for learners without food allergies. ***The allergens added to the food are marked with numbers after the food. Due to possible cross-contamination, prepared dishes may contain traces of the following allergens: 1 cereals containing gluten (1a from wheat and spelt, 1b from rye, 1c from barley and 1d from oats), 2 crustaceans, 3 eggs, 4 fish, 5 peanuts, 6 soya, 7 milk & dairy products, 8 nuts, 9 leaf green, 10 mustard seed, 11 sesame seed, 12 sulphur dioxide, 13 lupines, 14 molluscs. Every day we offer different kinds of bread, which may contain the allergens *1a-d,6,3,7,8. ****Organic foods are marked in **bold**. ŠS – additional food from the EU school scheme.

Slovenian Cuisine Week

Slovenian cuisine is very diverse. Our cultural heritage includes both simple dishes, such as traditional one-pot meals (*jedi na žlico*) like jota (sauerkraut and bean stew), ričet (barley and bean stew) and various vegetable soups, as well as more elaborate and rich dishes such as potica (traditional rolled cake), Pohorje omelette and gibanica (layered pastry cake).

An important traditional occasion that is still celebrated today is *koline* (the traditional pig slaughter and preparation of pork products). This is when *pečenice* (Slovenian sausages) and *krvavice* (black pudding) are made. Served with *matevž* (mashed beans and potatoes) and turnip, they make a delicious meal.

We mustn't forget *štruklji* (rolled dumplings), *žganci* (buckwheat or corn porridge), as well as *šarklji* (ring-shaped cakes) and *pogače* (traditional flatbreads or savoury cakes), which are popular with younger and older children alike.











