



# SCHOOL MENU

25 – 29 May 2026

DINING MENUS: KG = Kindergarten breakfast, S = morning snack, L reg. = regular lunch, L veg. = vegetarian lunch, AC/S = General afternoon snack, KS = Kindergarten snack

<b>MONDAY</b>	KG	Ham & cheese croissant <sup>*1a,7,3</sup> , lemonade, apple	
	S	Ham & cheese croissant <sup>*1a,7,3</sup> , lemonade, apple	
	L reg.	Courgette soup with oatmeal <sup>*1a,7</sup> , roasted chicken drumsticks, natural sauce <sup>*1a,7</sup> , <b>bulgur</b> <sup>*1a</sup> / buckwheat porridge, sweet corn salad	
	L veg.	Courgette soup with oatmeal <sup>*1a,7</sup> , grilled cheese <sup>*7</sup> , <b>bulgur</b> <sup>*1a</sup> / buckwheat porridge, sweet corn salad	
	AC/S	Brown roll <sup>*1a</sup> , natural Greek yoghurt <sup>*7</sup>	
	KS	Brown roll <sup>*1a</sup> , natural Greek yoghurt <sup>*7</sup>	
<b>TUESDAY</b>	KG	Rye bread <sup>*1a,b</sup> , <b>butter</b> <sup>*7</sup> , blueberry jam, fruit tea	ŠŠ – Strawberries
	S	Rye bread <sup>*1a,b</sup> , <b>butter</b> <sup>*7</sup> , blueberry jam, fruit tea	ŠŠ – Strawberries
	L reg.	Clear vegetable soup, <b>grilled sea bream fillet</b> <sup>*4</sup> , potatoes with Swiss chard, lentil salad, fresh fruit	
	L veg.	Clear vegetable soup, <b>grilled sea bream fillet</b> <sup>*4</sup> , potatoes with Swiss chard, lentil salad, fresh fruit	
	AC/S	Wholemeal grissini <sup>*1a</sup> , LCA fruit yoghurt <sup>*7</sup> , nuts <sup>*8</sup>	
	KS	Wholemeal grissini <sup>*1a</sup> , LCA fruit yoghurt <sup>*7</sup> , nuts <sup>*8</sup>	
<b>WEDNESDAY</b>	KG	<b>Carrot bread</b> <sup>*1a</sup> , hard boiled eggs <sup>*3</sup> , fresh cucumber, peppers, tomatoes, nectarine	ŠŠ – Milk <sup>*7</sup>
	S	<b>Carrot bread</b> <sup>*1a</sup> , hard boiled eggs <sup>*3</sup> , fresh cucumber, peppers, tomatoes, nectarine	ŠŠ – Milk <sup>*7</sup>
	L reg.	Vegetarian pasulj <sup>*1a</sup> , <b>oat bread</b> <sup>*1a,d</sup> , chocolate pudding with cream <sup>*7</sup> , lemonade, fresh fruit	
	L veg.	Vegetarian pasulj <sup>*1a</sup> , <b>oat bread</b> <sup>*1a,d</sup> , chocolate pudding with cream <sup>*7</sup> , lemonade, fresh fruit	
	AC/S	Kamut pastry <sup>*1a</sup> , cheese <sup>*7</sup> , fresh cucumber and lettuce, melon	
	KS	Kamut pastry <sup>*1a</sup> , cheese <sup>*7</sup> , fresh cucumber and lettuce, melon	
<b>THURSDAY</b> Balkan Cuisine	KG	Rice pudding with cinnamon topping <sup>*7</sup> , hazelnuts <sup>*8</sup> , <b>banana</b>	
	S	Rice pudding with cinnamon topping <sup>*7</sup> , hazelnuts <sup>*8</sup> , <b>banana</b>	
	L reg.	Turkey pleskavica / čevapčiči <sup>*6,10</sup> , lepinja <sup>*1a</sup> / French fries, ajvar, onion, salad/šopska salad <sup>*7</sup> , strawberries	
	L veg.	Vegetarian pleskavica <sup>*1a,3,6,7</sup> , lepinja <sup>*1a</sup> / French fries, ajvar, onion, salad/šopska salad <sup>*7</sup> , strawberries	
	AC/S	Wholegrain crispbread <sup>*1a</sup> , cottage cheese spread with vegetables <sup>*7</sup> , apples	
	KS	Wholegrain crispbread <sup>*1a</sup> , cottage cheese spread with vegetables <sup>*7</sup> , apples	
<b>FRIDAY</b>	KG	<b>Wholemeal bread</b> <sup>*1a</sup> , turkey ham, cheese <sup>*7</sup> , rocket, mountain tea, apricots	
	S	<b>Wholemeal bread</b> <sup>*1a</sup> , turkey ham, cheese <sup>*7</sup> , rocket, mountain tea, apricots	
	L reg.	Beef soup <sup>*1a,6</sup> , tomato soup with basil, spelt pasta <sup>*1a</sup> , grated cheese <sup>*7</sup> , chickpea salad, fresh fruit	
	L veg.	Beef soup <sup>*1a,6</sup> , tomato soup with basil, spelt pasta <sup>*1a</sup> , grated cheese <sup>*7</sup> , chickpea salad, fresh fruit	
	AC/S	Marble cake <sup>*1a,7,3</sup> , nectarine	
	KS	Marble cake <sup>*1a,7,3</sup> , nectarine	

ENJOY YOUR MEAL!

\* In emergency situations, we reserve the right to change the menu \*\*The menu is designed for learners without food allergies. \*\*\*The allergens added to the food are marked with numbers after the food. Due to possible cross-contamination, prepared dishes may contain traces of the following allergens: 1 cereals containing gluten (1a from wheat and spelt, 1b from rye, 1c from barley and 1d from oats), 2 crustaceans, 3 eggs, 4 fish, 5 peanuts, 6 soya, 7 milk & dairy products, 8 nuts, 9 leaf green, 10 mustard seed, 11 sesame seed, 12 sulphur dioxide, 13 lupines, 14 molluscs. Every day we offer different kinds of bread, which may contain the allergens \*1a-d,6,3,7,8. \*\*\*\*Organic foods are marked in **bold**. ŠŠ – additional food from the EU school scheme.



Nicotine contained in tobacco is highly addictive and tobacco use is a major risk factor for cardiovascular and respiratory diseases, over 20 different types or subtypes of cancer, and many other debilitating health conditions. Every year, more than 8 million people die from tobacco use.

## Health Benefits of Physical activity



Regular physical activity provides significant physical and mental health benefits.

In children and adolescents, physical activity promotes bone health, encourages healthy growth and development of muscle, and improves motor and cognitive development.